

*Eden Aldrich, RNP*

**STANDING ORDER**

**HEMORRHOIDS**

**I. ASSESSMENT**

- A. Assess history of gastrointestinal disturbances, dietary habits.
- B. Take vital signs, including temperature if indicated.

**II. MANAGEMENT**

- A. Encourage fluid intake of eight (8) or more cups of water per day.
- B. If there is a complaint of constipation, stool softener (Metamucil), one (1) packet a day up to seven (7) days,
- C. For local discomfort, use Preparation H or equivalent as directed on package for seven (7) days or PRN.

**III. EVALUATION**

- A. If accompanied by severe pain or rectal bleeding, notify Facility Provider.
- B. If no relief in seven (7) days, notify Facility Provider.